

Shine: A Women's Leadership Retreat

Lead with authenticity, power, and grace

March 28-29, 2014 * Bastrop, Texas

Facilitated by Julie Puentes and Jennifer Combs



“Bringing this program to the public is very timely. Your message is right on the mark. As a society, we MUST find a better way to relate to one another ...and soon. The answers are there, in your arena. To any and all future prospects for your horse leadership clinics, I say: Don't miss this one!”

Lindy, Retreat participant

What you will gain:

Through guided participation in experiential exercises with horses, as well as time for dialogue and reflection in the support of a small group, you will emerge with clarity and confidence.

- How to be congruent so that what you feel internally is clearly communicated and matches what you project externally
- The ability to have courageous conversations
- Identifying habits that do not serve your best interest and...
- Options that allow you to consciously modify your approach
- Courage to overcome barriers that prevent you from achieving the outcomes you desire
- Confidence in using your intuition and trusting your instincts

Why horses?

In her book *The Tao of Equus* Linda Kohanov says, “Horses relate to the world from a feminine or ‘yin’ perspective.” As a result, horses provide a unique opportunity for us to learn about non-predatory leadership, which emphasizes “cooperation over competition, responsiveness over strategy, emotion and intuition over logic, process over goal, and the creative approach to life that these qualities engender.” These qualities are essential for leaders in the 21st century. However, there must be balance, and the traditionally masculine values of assertiveness, directness, goal setting and attainment are equally important in order to achieve true equality and consensual leadership. Horses are masters at teaching us how to balance these qualities and define our unique leadership abilities.



Who should attend? If you are ready to boldly respond to challenges and obtain the confidence to show up fully in life and work, then this retreat is for you. Come and broaden your leadership skills, grow personally and experience a peaceful weekend of relaxation and camaraderie in a beautiful, natural setting.

Where: Coyote Pines Farm outside of Bastrop, Texas

Investment: \$650 includes the retreat, all materials, lunches, snacks and beverages. Overnight lodging is optional and available at multiple B&B's and hotels in the area. Please contact us for details.

All work with the horses is conducted on the ground. No riding or horse experience is required.

Space is limited to 8 participants. Reserve your spot today.

Email: Julie@juliepuentes.com or call; 512-360-8499.

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